

### Build Your Own Station of Burritos \$12.95

Choice of Chicken, BBQ Pulled Pork, Beef or Veggie

Choice of Rice and Beans, Cheese, Sour Cream & Salsa Chips with Salsa & Guacamole

*(Don't have time? We can send pre-made & labeled and ready to eat!)*

### Morning Starters

Full Size Bagels & Muffins.....	\$3.25
Individual Parfaits (Choice of Vanilla or Strawberry) .....	\$3.50
Bowl of Yogurt & Granola (Vanilla Fat-Free) .....	\$5.95
Seasonal Fruit Salad .....	\$4.95

### Smoothies

Served by the Pitcher. *Serves 8* .....\$60.00

- Funkin' Monkey** – Banana, Strawberry, Apple Juice & Skim Milk
- Black & Blue** – Blueberry, Raspberry, Banana, Apple Juice & Honey
- Mango Tango** – Bananas, Mango, Pineapple, Orange Juice & Skim Milk
- Sunset Teaser** – Papaya, Mango, Pineapple, Banana, Orange Juice, Cinnamon & Skim Milk
- Power Pink Pleasure** – Peach, Strawberry, Banana, Apple Juice, Peanut Butter & Skim Milk

### Party Platters

Cookie and Brownie Platter .....	\$4.95
Seasonal Fruit Platter .....	\$4.95
Crudites .....	\$5.95

### Beverages

Poland Spring Bottled Water .....	\$1.95
Bottled Soda .....	\$2.25
Snapple .....	\$2.50
Tropicana OJ .....	\$2.95
Coffee Service (Regular or Decaf) .....	\$2.25
Vitamin Water .....	\$3.25
Zico Water .....	\$3.50

### THE SMALL PRINT

#### Service Charge & Delivery Fee

There is a 10% service charge on all orders. Delivery is free. However, events beyond our service area may be subject to a fee.

#### Cancellation Policy

Orders canceled with less than 24 hours notice are subject to a full charge.

#### Security & Your Delivery

It is important for us to facilitate your catering delivery to the best of our ability. Please inform us of any special security requirements or elevator restrictions in your building so we may make the proper arrangements for an easy delivery.

#### Ordering Guidelines

To ensure product availability & a timely delivery we encourage our clients to place orders by 3:00pm for the following day. Of course we will always try to accommodate last minute orders.

#### House Accounts

You may request a House Account Application at the store or call the corporate office at 212.768.9292 ext. 24. All statements are sent out on the first of the month and are due upon receipt. All house accounts must be supported by a valid credit card. Late payments will be charged to the credit card and are subject to a late fee. We accept American Express, Visa, Master Card, Discover, Diners Club, Corporate Checks & Cash.

#### Help Save the Environment

Help us save paper and the environment. Please advise us if you do not need any paper products for your event.

*Catering 6 Person Minimum / All Prices Per Person*



2014

# CATERING MENU

420 LEXINGTON AVENUE

between 44th St. & 45th St.

(inside Equinox Fitness)

212.687.4006

www.citychowcafe.com

# Lunch Bundles

<b>Lunch Bundle 1</b>	Choose from our Sandwiches or Wraps selections + Side Salad .....	<b>\$13.50</b>
<b>Lunch Bundle 2</b>	Choose from our Sandwiches or Wraps selections + two Side Salads + Cookie & Brownie Dessert.....	<b>\$16.50</b>
<b>Lunch Bundle 3</b>	Choose from our Sandwiches or Wraps selections + two Side Salads + Fruit Platter + Cookie & Brownie Dessert .....	<b>\$17.95</b>
<b>Sandwich &amp; Wrap Platters</b>	Choose from the following Classic or Artisan Sandwiches & Wraps to build your platter .....	<b>\$9.95</b>

### CHOICE OF BREADS:

Sourdough, 7 Grain, Ciabatta Hero or Brioche Roll

### CHOICE OF CHEESES:

Fresh Mozzarella, Provolone, White Cheddar or Swiss

### CLASSIC SANDWICHES

*(All made with Lettuce & Tomato)*

- Albacore Tuna Salad**
- Chicken Salad**
- Walnut Cranberry Chicken Salad**
- Roasted Turkey**
- Black Forest Ham**
- Lemon Grilled Chicken**
- Salami**
- Top Round Roast Beef**

### ARTISAN SANDWICHES

**California** - Avocado, Tomato, Onion, Sprouts, White Sharp Cheddar Cheese & Mayo

**Fresh Mozzarella & Tomatoes** Arugula, Olive Oil & Balsamic Vinegar

**Turkey & Cranberry** - Roasted Turkey, Cranberry Sauce, Honey Mustard, Brie Cheese & Arugula

**Turkey Cucumber** - Roasted Turkey, Cucumbers & Arugula with Aioli

**Turkey Cheddar Apple** - Sliced Turkey Breast, Aged Sharp Cheddar Cheese, Honey Dijon, Granny Smith Apple Slices, Green Leaf Lettuce with Grainy Mustard & Mayo

**Grilled Chicken Club** - Grilled Chicken, Crispy Bacon, Herbed Mayo, Romaine Lettuce & Juicy Tomatoes

**Jersey Shore Sub** - Sliced Turkey Breast, Provolone, Shredded Lettuce, Tomatoes, Oregano, Oil & Vinegar

**Turkey Caesar** - Roasted Turkey, Parmesan Cheese, Romaine & Caesar Dressing

**Classic Veggie** - Ripe Avocado, Tomatoes, Alfalfa Sprouts & Cucumber with a Spread of Hummus

**Chicken & Mozzarella** - Grilled Chicken Breast, Fresh Mozzarella, Roasted Red Peppers & Arugula

**Ham & Brie** - Black Forest Ham & Brie Cheese with Honey Mustard

### WRAPS

**Chicken Caesar Wrap** - Grilled Chicken, Parmesan Cheese, Hearts of Romaine & Caesar Dressing

**Turkey Club Wrap** - Roasted Turkey with Crispy Bacon, Swiss Cheese, Leaf Lettuce, Tomatoes & Mayo

**Chicken Fajita Wrap** - Black Beans, Cheddar & Monterey Jack Cheese, Chopped Tomato & Avocado

## Finger Sandwiches Bundle \$16.50

Assortment of Egg Salad & Cucumber, Tuna Salad with Lettuce, Ham & Cucumber, Turkey & Provolone, Chicken Pesto & Tomato with Mozzarella, Basil & Balsamic Vinaigrette

Finger Sandwiches are about 1/2" wide, the crusts are cut off, served on seedless rye, sourdough, multi-grain or brioche.

**+Two Side Salads  
+Cookie and Brownie Dessert**

### LIST OF SIDE SALADS FOR YOUR LUNCH BUNDLES

- Pasta with Tomato & Mozzarella
- Pasta Primavera
- Rotini with Mushrooms
- Macaroni Salad
- Quinoa Salad
- Balsamic Veggies
- Tomato & Cucumber Salad in Balsamic Vinaigrette
- Tomato & Mozzarella Salad
- Green Salads *(listed below)*

## Salads Go Green!

*Our chefs will create the salad of your choice. Below are our most popular salads. (Entrée Salads Served with Brick Oven Bread)*

**Asian Chicken Salad** - Chicken, Chopped Romaine, Crispy Onions, Fresh Cilantro, Red Bell Peppers & Scallions

**Grilled Chicken Chef Salad** - Grilled Chicken, Crispy Bacon, Egg, Onions, Cherry Tomatoes & Swiss Cheese over Romaine

**Classic Grilled Chicken Salad** - Grilled Chicken, Monterey Jack Cheese, Avocado, Cherry Tomatoes, Corn & Crispy Onions over Romaine

**Harvest Salad** - Chicken, Apples, Raisins, Blue Cheese, Toasted Walnuts & Croutons over Mesclun Greens

**Chicken Caesar Salad** - Grilled Chicken, Hearts of Romaine, Shaved Parmesan & Croutons

**Turkey & Avocado Salad** - Turkey Breast, Sliced Avocado, Grape Tomatoes & Swiss Cheese over Mesclun

**Classic Garden Salad** - Mesclun Greens with Grape Tomatoes, Shredded Carrots & Cucumbers

**Caesar Salad** - Hearts of Romaine, Shaved Parmesan & Croutons

**Traditional Greek Salad** - Hearts of Romaine with Feta Cheese, Tomatoes, Cucumbers & Black Olives

**\$5.50 (Side Salad) / \$7.95 (Entrée Salad)**  
*(Add Grilled Chicken or Roast Turkey additional \$1.00 for a Side Salad & \$2.00 for an Entrée Salad)*

**Traditional Spinach Salad** - Baby Spinach with Walnuts, Sweet Red Onions & Mandarin Oranges

**Cobb Salad** - Grilled Chicken, Avocado, Crispy Bacon, Crumbled Egg, Tomatoes, & Crumbled Blue Cheese over Romaine

**Chopped Western** - Pulled BBQ Chicken Breast, Black Beans, Sweet Corn, Crispy Onions, Monterey Jack Cheese & Diced Tomatoes over Romaine

**Spinach Salad** - Grilled Chicken with Bacon, Blue Cheese, Hard Boiled Egg, Red Onions & Cherry Tomatoes

### ALL SALADS ARE SERVED WITH YOUR CHOICE OF DRESSING:

- Balsamic Vinaigrette
- Caesar
- Extra Virgin Olive Oil
- Fat Free Sun Dried Tomato Vinaigrette
- Honey Mustard
- Light Olive Oil Vinaigrette
- Low Fat Peppercorn
- Low Fat Ranch
- Organic Citrus Vinaigrette
- Organic Ginger Sesame
- Russian

*Catering 6 Person Minimum / All Prices Per Person*